



Online Course



The Journey from "Welcome Home" to Now: Reunion, Reconnecting, Routine

Sponsor:

Funded by US Army Reserve; **No Cost to Participants**

Register today to take The Journey from "Welcome Home" to Now: Reunion, Reconnecting, Routine™, an online Institute. The Military Child Education Coalition® (MCEC®), a nonprofit organization addressing the educational needs of children in military families, presents the training. This online course teaches professionals who support military-connected children and youth the challenges and joys that children face during a time of reintegration following a family member's return after an extended absence. Participants will learn strategies to help students adjust during the reunion and during the journey of reconnecting and reestablishing family routine.

The Journey from "Welcome Home" to Now: Reunion, Reconnecting, Routine™

Dates and Times:

Online Course:

The training is design for counselors, social workers, parents, Family Readiness Group leaders, and other concerned adults to gain strategies and practical applications to increase resilience in military connected

- Starting every Thursday
- 14 days window to complete the course
- Average hours to complete the course (6-8)

Learning Outcomes:

- Identify potential reintegration stressors and their implications for the child and family structure
- Differentiate structures that support children and youth during reintegration and those which strengthen or impede the ability to thrive
- Integrate positive strategies which develop hardiness in children and youth during the reintegration phase
- Identify the importance of service and "giving back" in the lives of children and youth as an impactful trait to develop

Contact Information:

For more information about this training, other parent and professional development opportunities, or learner support, please contact your Army Reserve Command Family Program Director or Coordinator.

Register for this Course

Please contact Renee L Podolec send email to renee.l.podolec.civ@mail.mil to receive a registration code to take the course at no cost to the participant. Then log on to www.militarychild.org/training to register!

If you need assistance on Family Programs or Child, Youth & School Services, please contact Army Reserve Family Programs Fort Family Support & Outreach Center @ 1--866-345-8248-Serving Soldiers and Families 24/7/365 <https://www.arfp.org>