

# Army Reserve Child, Youth & School Services

## DOES YOUR BABY OR TODDLER QUALIFY FOR EARLY INTERVENTION SERVICES?

Early Intervention Services (EIS) provides therapy for children from birth to three years old who have demonstrated a delay in physical, cognitive, socio-emotional, self-help or communicative functions or who have a condition that may adversely affect their development.

EIS is a federally funded program through the Individuals with Disabilities Education Act (IDEA). These services are provided through state agencies. If your child has a diagnosed health condition or you suspect your child has a developmental delay, you may contact Child Find to arrange for an evaluation. For information about Child Find, go to <http://www.nectac.org/contact/Ptccoord.asp> and click on your state.

If your child qualifies for EIS, the next step will be to meet with EIS professionals and develop an Individual Family Service Plan (IFSP). This plan will specify the services that will be provided for your child.

Early Intervention Services may be delivered in your home, at a therapy center, or at another location. Here are some of the purposes of early intervention:

- Improve developmental, social, and educational gains for the child.
- Reduce the future costs of special education, rehabilitation, and health care needs.
- Reduce feelings of isolation, stress and frustration that families may experience.
- Help alleviate difficult behaviors by using positive behavior strategies and interventions.
- Help children with disabilities grow up to become productive, independent individuals

The following is a list of some services that may be provided through EIS:

- Assistive Technology Devices and Services - Equipment and services used to the abilities of a child to participate in activities such as playing, communicating, eating, or moving.
- Audiology - Services and equipment to improve or prevent hearing loss.
- Family Training - Services provided to assist the family in understanding the special needs of the child and in promoting the child's development.
- Medical Services - For diagnostic or evaluation purposes.
- Nursing Services - Assessment and provision of nursing care to prevent health problems and promote optimal health, such as administering medications, treatments, and other procedures prescribed by a licensed physician.

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*CYSS Mission: To support readiness and quality of life by reducing the conflict between military mission requirements and parental responsibilities*



This information has been provided by Army Reserve Child, Youth & School Services.  
For more information on resources and programs, please visit:  
[WWW.ARFP.ORG/CYSS](http://WWW.ARFP.ORG/CYSS)

Fort Family Outreach & Support Center assistance is available 24/7  
at 866-345-8248 and/or [WWW.ARFP.ORG](http://WWW.ARFP.ORG)



- Nutrition Services - Services that help address the nutritional needs of children, such as identifying feeding skills, feeding problems, food habits, and food preferences.
- Occupational Therapy - Services that relate to self-help skills, adaptive behavior, and sensory, motor, and postural development.
- Physical Therapy - Preventing or lessening difficulties with movement.
- Psychological Services - Psychological testing and gathering information about a child's behavior and child and family conditions related to learning, mental health and development, and providing/planning for counseling, consultation, parent training, and education programs.
- Service Coordination - Someone who works in partnership with the family by providing assistance and services that help the family to coordinate services and obtain their rights under EIS.
- Social Work Services - Preparing an assessment of the social and emotional strengths and needs of a child and family and providing individual or group services such as counseling or family training.
- Special Instruction - Includes designing learning environments and activities that promote the child's development and providing families with information, skills, and support to enhance the child's development.
- Speech/Language Pathology - Services for children with delays in communication skills or weakness of muscles around the mouth or swallowing.
- Vision Services - Identification of children with visual disorders or delays and providing services and training to those children.

Forming a partnership between parents and professionals at this early stage helps improve outcomes for the child, the family and the community as a whole. You will also want to learn as much as you can about your child's special needs. Here are some resources:

- Ask your child's doctor for information and recommendations, based on your child's specific diagnosis or needs
- NICHCY - National Dissemination Center for Children with Disabilities  
<http://nichcy.org/babies>
- Centers for Disease Control and Prevention: Act Early  
<http://www.cdc.gov/ncbddd/actearly/index.html>
- Zero to Three  
<http://zerotothree.org/>
- Military OneSource: Exceptional Family Member Program  
<http://www.militaryonesource.mil/efmp>
- Specialized Training of Military Parents  
[www.stompproject.org](http://www.stompproject.org)
- Child Find  
<http://www.nectac.org/contact/Ptccoord.asp>



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